



Planning for the future



Many older families say that they worry about two things:

- What will happen to the person I care for in an emergency?
- What will happen to the person I care for when I can no longer manage?



***“Mum would always say
‘I hope he goes before me.’”***



IHC

Successful Ageing Project

Feedback from Older Families

- Clear and accessible information about assessment, services and supports
- Information provided to the wider family network especially adult siblings



IHC

Successful Ageing Project

Feedback from Older Families

- Access to flexible services that meet the support needs of both parties
- Additional support for older family carers



International Research 5 factors affecting future planning:

- Lack of confidence in present and future service provision
- Difficult relationship with professionals

*Preparing
for the Future*

ihc
IN YOUR COMMUNITY



*Preparing
for the Future*



International Research 5 factors affecting future planning:

- Mutual care/interdependency
- Lack of information
- Painful / difficult subject



Future Planning

Thinking and recording what is important to a person now and what they want to happen in the future.

Ensures that a person's wishes are known and gives everyone a far greater chance of getting the right solution when it's needed.

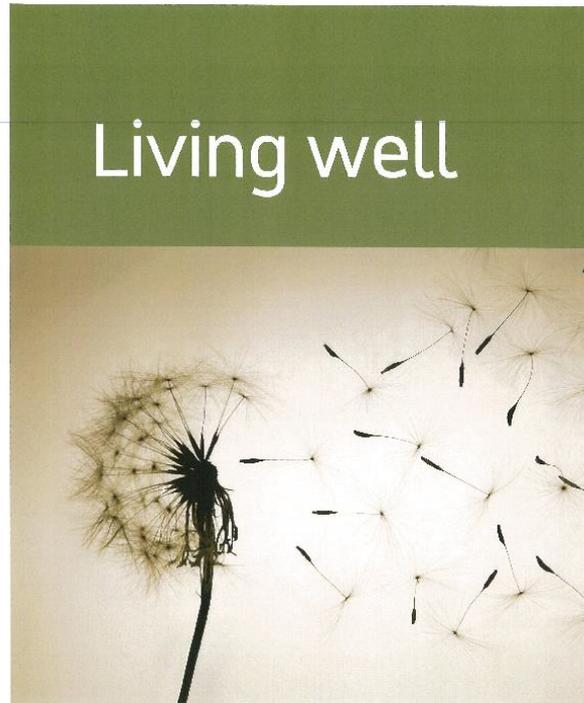
Future planning supports families to plan for.....

- Emergencies
- What they need now
- The future

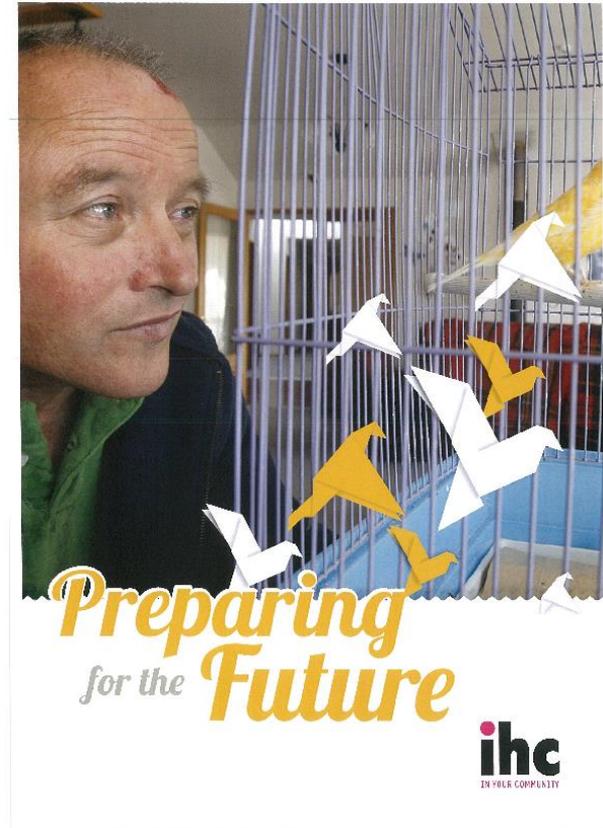


Future Plans

We have the technology



Thinking and planning for the end of your life





“You must have a plan!”