

Te Ara Pai

Stepping Stones to

Wellness

Overview of Model

and Services

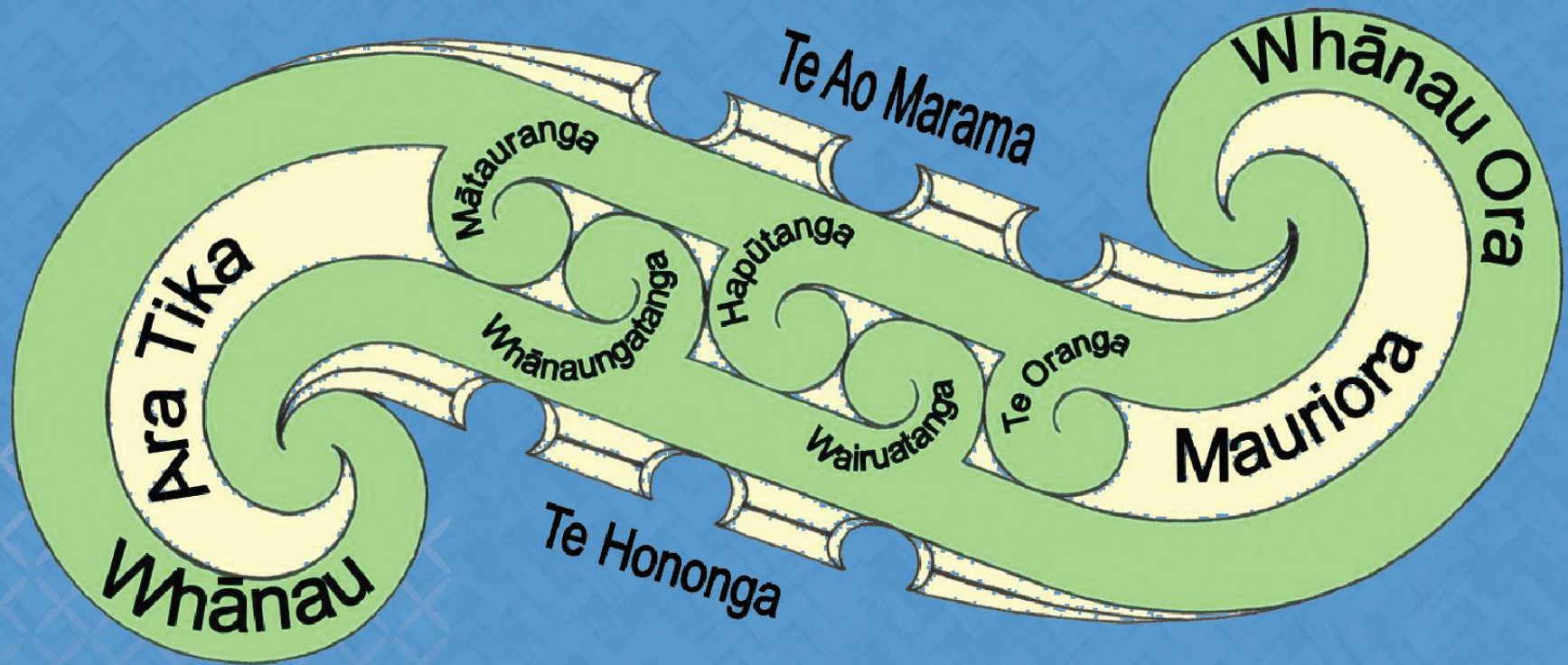
Background

- Why was change necessary?
 - Increased recovery focus.
 - Increased numbers of people living in their own homes.
 - Large numbers residential beds and long LOS
 - Inconsistent service models across sector

Te Ara Pai: Stepping Stones to Wellness



Peer Partnership - Identity - Belonging



First 3 Services

- Navigation
- Home Based Support Services
- Housing Facilitation



Navigation

- Works with person, whanau, and clinical providers.
- Helps with goal identification.
- Good knowledge of community resources.
- Supports person to access what is needed.

Personalised Plan

- Document
- Collaborative development
- 12 Domains
- Actions – access to services
- Review

Home Based Support Services

- Based in a persons home.
- Extended hours service.
- Household tasks, personal cares and medication support.
- Support varies from role modelling to teaching and skill development to prompting.

Housing Facilitation

- Increases pool of available housing stock.
- Accommodation finding service
 - Data base of accommodation
 - Knowledge eg WINZ
- Tenancy Support
 - Education
 - Communication
 - Referral

Next Steps

- Personal Connections
- Health
- Skills for Life
- Occupation
 - Whanau
 - Peer Support

Questions

