

Presenter Winnie Graham-Smith

Title Advance Care Planning

Abstract

Advance Care Planning (ACP) is a concept that was introduced internationally in the late 1980s, but has only gained momentum in New Zealand in recent years. It is a process of discussion and shared planning for future health care that assists the individual to identify their personal beliefs and values and incorporate them into plans for their future health care.

ACP assists in the provision of quality health care and treatment. It is becoming increasingly important, particularly with the growing range of medical treatment options available and the enhanced recognition of the importance of patient involvement in medical decisions.

Biography

Winnie is employed by the Te Omanga Hospice a charitable trust that provides free specialist palliative care to those living with a life-limiting illness.

One of Winnie's roles is the introduction of Advance Care Planning to patients and the provision of support to enable them to make the important decisions to guide their future care.