

Working in Partnership:

Explore and the NASCs



Explore
Specialist Advice^{NZ}



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Question 1

At the beginning of 2014 Explore employed 12 psychologists and Behaviour Support Specialists.

In total how many Psychologists and Behaviour Support Specialists does Explore now employ?



Answer

106

Question 2



How many clients is Explore actively working with across NZ at the moment?

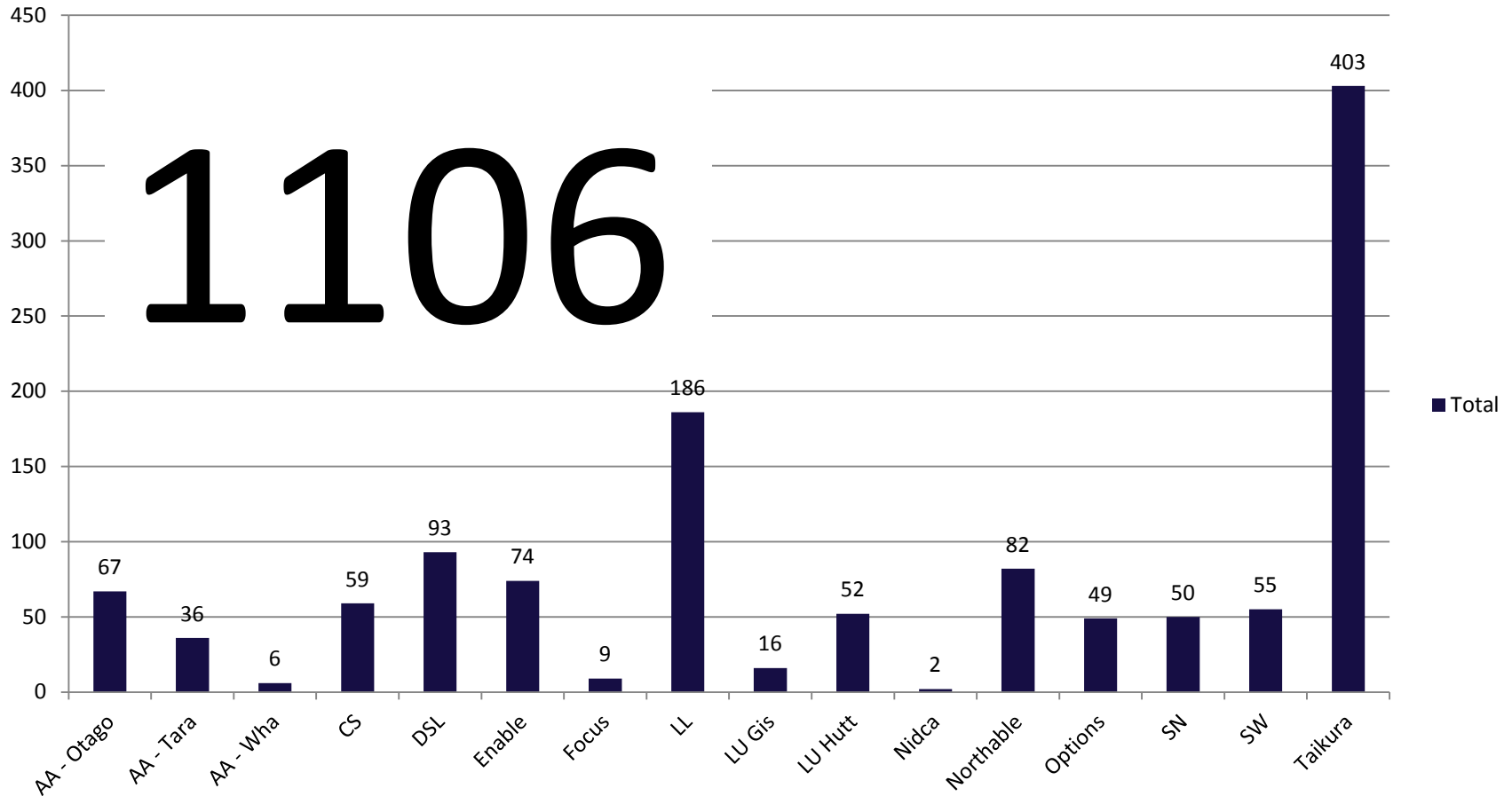
Answer

1014

Question 3

How many referrals did Explore receive from all NASCs between January and June this year for Behaviour Support?

Answer



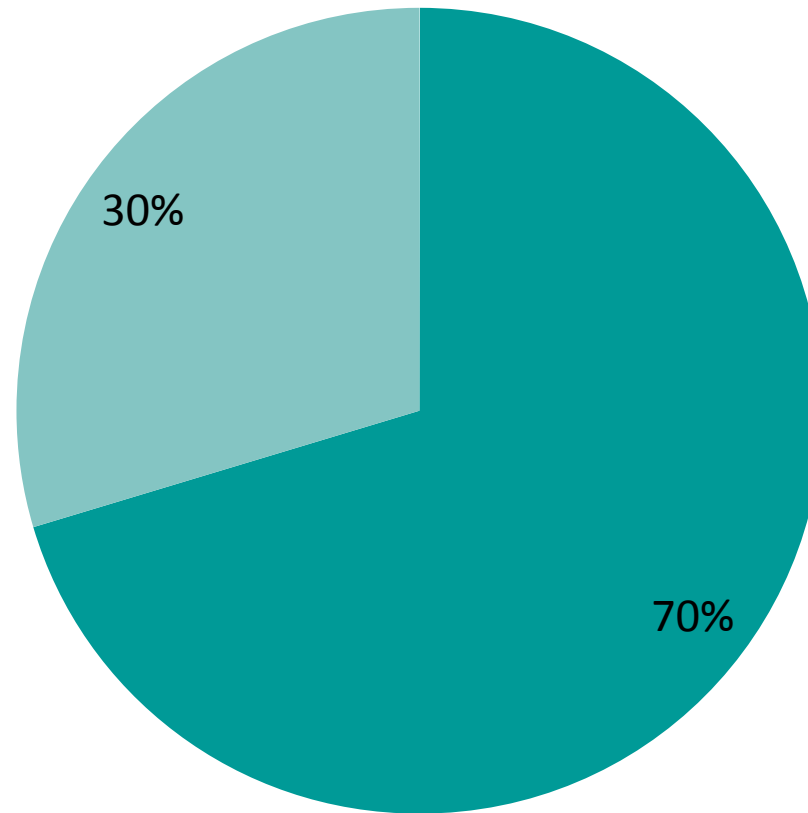
Question 4

What percentage of referrals received from January to June 2015 were for clients under 18 years of age?



Answer

■ <18 ■ >18



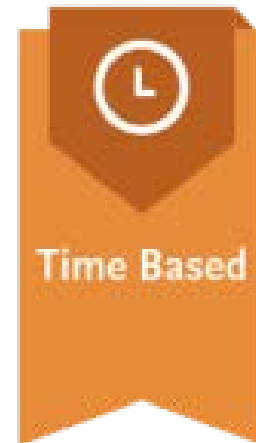
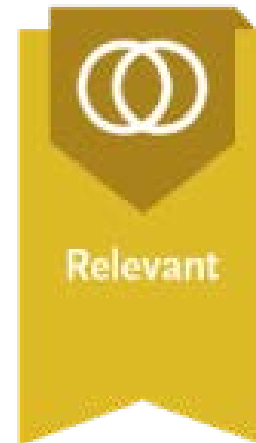
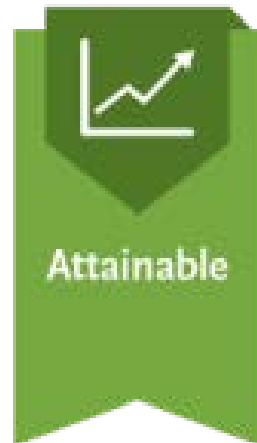
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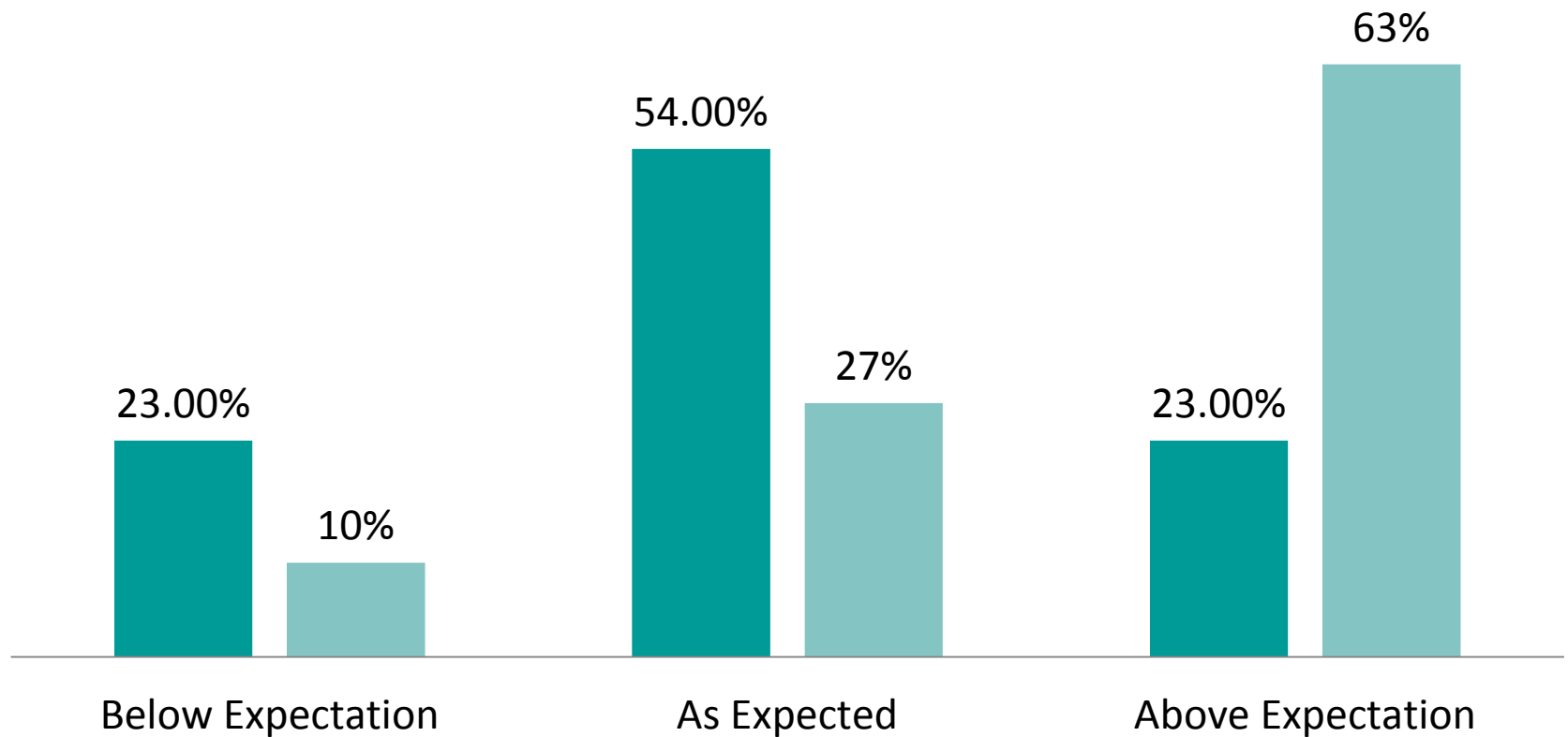
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Per Cent of Objectives Met: Below, Above or As Expected



Case Study



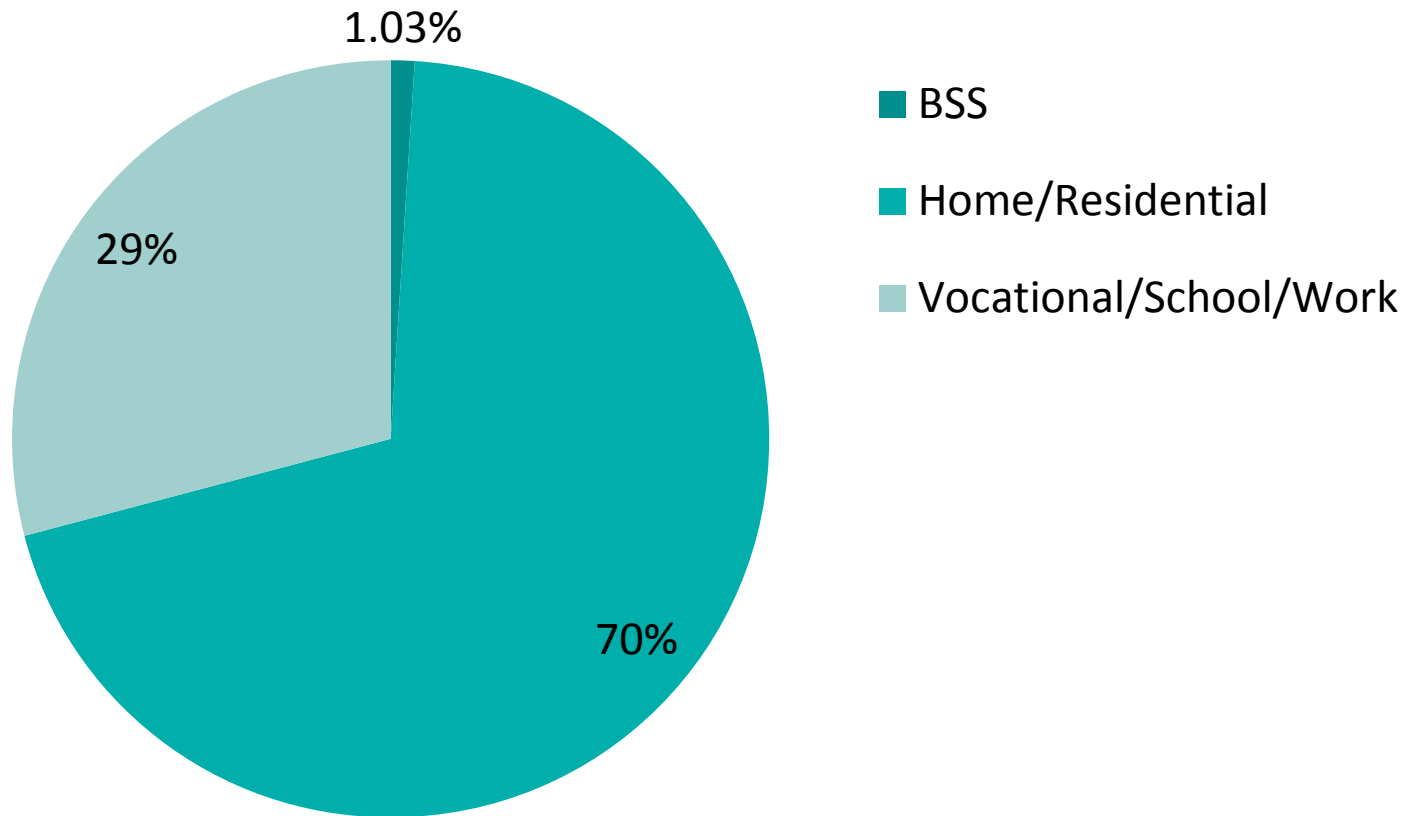
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Motivation and Capacity



Per cent of waking hours spent with Explore Behaviour Support Specialist in a year



Getting from A to B



Stages of Change

Pre-contemplation

- Not yet considering change or is unwilling or unable to change
- *Task: Raise awareness*

Contemplation

- Sees the possibility of change but is uncertain or ambivalent
- *Task: Help resolve ambivalence and choose change*

Determination

- Committed to changing but still considering what to do
- *Task: Help identify appropriate change strategies*

Action

- Taking steps toward change but hasn't stabilised process yet
- *Task: Help implement change strategies*

Getting from A to B



What is working well now, what could be improved and what steps can be taken by Explore and NASCs to make these improvements happen, in terms of:

1. How Explore/NASC identify people who are not motivated to engage in behaviour support at the point of referral
2. What NASC/Explore do when people are engaging in challenging behaviour but are unmotivated to engage in Behaviour Support
3. How Explore communicates with the NASC when families/ services/ individuals require additional support to engage effectively in behaviour support
4. How Explore, NASC, and other agencies work with families and services that are not functioning well e.g., burnt out, experiencing crisis, significant relationship issues. Who can do what?